



James Tournas



Conversation Starter · 1 hr

KYR SDE

Know your resources

Social distancing edition

Lion Scout challenge: I'll do it myself!

1.

Make and use a "Lion Scout" bag and hanger for personal Scouting gear.

Here is a great resource for making this with no sewing required!

<https://lifeasafieldtrip.com/sew-cub-scout-organizer/>

2.

Make a personal care checklist.

Talk with your scout about what they should do each day to care for themselves make a list and practice following the list.

3.

Practice tying shoelaces

Grab your shoes and sing along!

https://youtu.be/fv_Me-zPR8Q

Parents remember that the scouts connecting with other scouts or friends can be part of self care, via phone or video chat just make sure you are there with them and they are safe.

