

Official Trail Program Requirements Firelands Scout Reservation



This document lists the requirements for earning awards that are associated with each trail at FSR. Units should print their own copies of this document to record completion of these awards. This document is intended to be printed on 8½ x 11" paper, 2-sided (front & back, either black & white or full color).

These awards are 5/8" square pins that match the signpost for each trail program. These pins are intended to be attached to a "trail hiker" patch, which can be purchased when the first pin has been earned.

These awards can be earned by youth or adult hikers who complete the requirements listed on the following pages. Many requirements are aimed at youth (for example, #4 for Bluebird and Cardinal); facilitation of discussion is the adult equivalent for this type of requirement. Also, the Raptor trail is intended for patrols; in this case, adults are encouraged to form "old goat" patrols and complete these same requirements to gain perspective regarding the experience of the youth.

Simply hiking a trail is **not enough** to earn these trail program awards. Each trail program includes 5 requirements that all follow the same pattern: review the literature (usually a handbook or merit badge pamphlet), be prepared, go on the hike, learn during the hike, and do a good turn.

Completion of the requirements for these awards is documented with the roster on the reverse side of this page. A copy of this roster, signed by the unit leader and a representative of the camp, must be submitted when any trail awards are purchased.

The requirements for these hikes are intended to be progressive. Although no specific sequence for these awards is mandated, if a scout follows this order: Frog Jog (Cub Scouts), Bluebird (Webelos), Cardinal (Scouts), Raptor, (independent patrols), OA (high adventure preparation), he will be introduced to gradually more advanced features of the Scouting program.

Scouts are encouraged to enjoy the trails at Firelands Scout Reservation, whether working on requirements for these or other awards or taking a more casual hike. Scouts are reminded that there are many hiking related requirements that can be completed on the trails at FSR, including Second Class requirement 1b (the OA trail is 5 miles long) and Hiking merit badge requirement 5 (by chaining numerous trails together).

Before any of these hikes, Scouts and Scouters should follow their motto. Preparedness includes many facets: the 10 outdoor essentials, knowledge of first aid, knowing what to do in an emergency, recognizing and avoiding poisonous plants and other natural hazards, telling someone your planned route and when to expect your return, *et cetera*.

Specifically, except for hikes that are part of otherwise documented campouts (like a weekend campout or summer residence camp), units are required to notify council program staff of their planned hike at FSR by calling the Council Service Center at least 1 week prior to their hike. Additionally, upon arrival at FSR, units must check-in with the Camp Host or Ranger before beginning their hike.

Each hike introduces, illustrates, or reinforces a few additional types of preparedness. Some hikes teach preparedness by knowledge of Leave No Trace principles (the first point of which is Plan Ahead and Prepare), another summarizes "Trek Safely" concepts (Raptor, which includes 'staying found'), and other hikes have equipment related preparedness requirements (Cardinal and OA).

For a more complete list of ways to be prepared, Scouts are encouraged to refer to their handbooks and adults are referred to Trek Safely training and the Guide to Safe Scouting. Although not explicitly stated in these requirements, all Scout events, including these hikes, must comply with the Guide to Safe Scouting.

Trail Program Roster







- Pack
- Troop
- Crew

Number: _____

District: _____

Council: _____

Which trail program did your unit complete?

-  Frog Jog
-  Bluebird
-  Cardinal
-  Raptor
-  OA
-  History

Requirement:

Leader's initials & date:

1. Review the literature. _____
2. Be prepared! _____
3. Go on a hike. _____
4. Learn during the hike. _____
5. Do a good turn. _____

Roster of scouts and registered adults who completed all requirements above:



Approved, signed, and dated by:

_____ Unit Leader

_____ Camp Master, Director, or Ranger

The Frog Jog

Firelands Scout Reservation

Official Trail Program Requirements



Welcome to Firelands Scout Reservation! Thank you for visiting our great camp; we hope that you enjoy the trails here. This pamphlet lists the requirements for earning the Frog Jog award.

The Frog Jog is intended for Cub Scouts and Boy Scouts visiting Camp Avery Hand at Firelands Scout Reservation. It is 2 miles long and includes a couple hills. It includes is enough mud to keep Cub Scouts excited, while not upsetting their parents or adult leaders.

1. The leader of the hike must obtain a copy of the Frog Jog Official Trail Guide (available on the Council website). Print or download and review the guide before your hike.
2. Before the hike, all scouts must complete or review requirement 1 of either Tiger Adventure: Tigers in the Wild or Wolf Adventure: Paws on the Path.
3. Complete ONE of the following:
 - a. As a Cub Scout, hike the complete Frog Jog with your den or pack. Listen to your leader as he or she reads from the Frog Jog Official Trail Guide. Participate in any activities your leader provides during the hike.
 - b. As a Boy Scout or Venturer, hike the complete Frog Jog with a Cub Scout den or pack, acting as a temporary Den Chief. Support the adults of the pack by encouraging the Cub Scouts to listen and participate. Set a good example.
 - c. As a registered adult with the BSA, hike the complete Frog Jog with a Cub Scout den or pack. Read the Frog Jog Official Trail Guide out loud during this hike. Provide your Cub Scouts opportunity for activities like plant and animal identification during the hike.
4. During the hike, help keep your camp clean by carrying a trash bag and picking up at least 5 pieces of litter per hiker.
5. Tell a friend about the good time you had while hiking the Frog Jog.

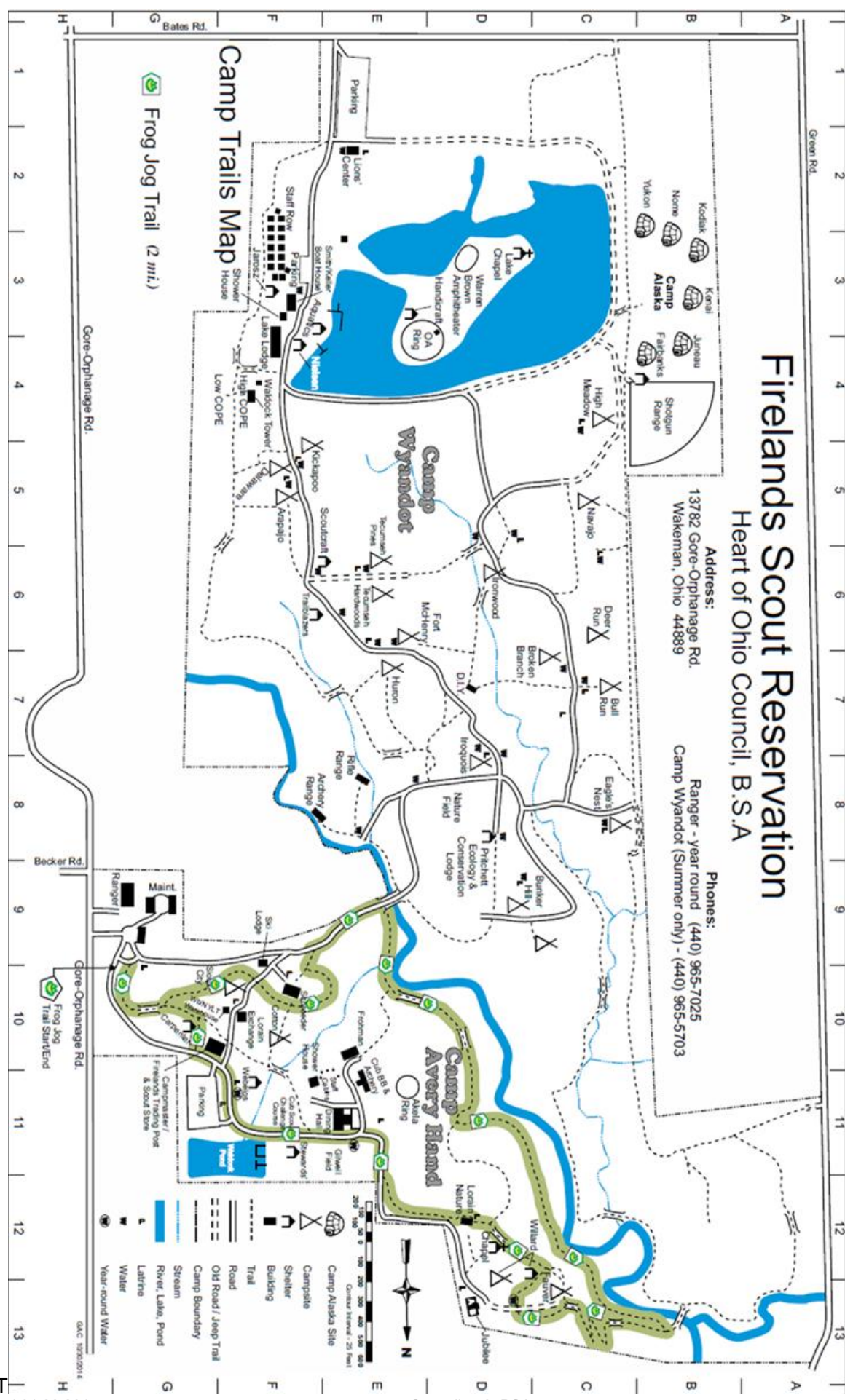
To recognize completion of the requirements above, a pin matching the sign for this trail is available at the Scout Shop or the Camp Host cabin (after hours, attached to the Scout Shop) for a small fee. Upon completion of the requirements above, fill-out the roster on page 2 with the help of your unit leader. A copy of this roster, signed by the unit leader and a camp representative, must be submitted when trail awards are purchased.

Firelands Scout Reservation

Heart of Ohio Council, B.S.A

Address: 13782 Gore-Orphanage Rd.
Wakeman, Ohio 44889

Phones: Ranger - year round (440) 965-7025
Camp Wyandot (Summer only) - (440) 965-5703



The Bluebird Trail

Firelands Scout Reservation

Official Trail Program Requirements



Welcome to Firelands Scout Reservation Thank you for visiting our great camp; we hope that you enjoy the trails here. This pamphlet lists the requirements for earning the Bluebird Trail award.

The Bluebird Trail starts near the Bates Road entrance of Firelands Scout Reservation. Because it is mostly level and partially paved, this 2-mile long loop trail is intended for all-season use. For the same reason, the Bluebird Trail can be used as an introduction to hiking for Webelos or new Boy Scouts. Although the Bluebird Trail is mostly “front country”, it visits the remote southwest corner of the lake.

1. Prior to planning your den, patrol, or troop hike on the Bluebird Trail, complete or review Webelos Walkabout requirement 1 or Tenderfoot requirement 5.
2. Tell some specific things you do when you follow the 7 principles of Leave No Trace:
 - a. Know Before You Go
 - b. Choose The Right Path
 - c. Trash Your Trash
 - d. Leave What You Find
 - e. Be Careful With Fire
 - f. Respect Wildlife
 - g. Be Kind To Other Visitors
3. Hike the complete Bluebird Trail.
4. During this hike, watch for signs of wildlife:
 - a. Birds: Geese and ducks, song birds, and predatory birds. Count how many different species you spot.
 - b. Fish and amphibians: Discuss how our actions on land affect the aquatic habitat. Specifically consider fertilizer and agricultural runoff as well as other sources of pollution.
 - c. Mammals: Name at least 10 species of mammal native to Ohio. Tell the signs of rabies.
5. Complete a service or conservation project assigned by either the Firelands Camp Ranger or the Camp Host. Contact the Council Service Center at least 1 month prior to your trip to be assigned a project. This project can be completed any time within a 3-month range, before, during, or after your hike.

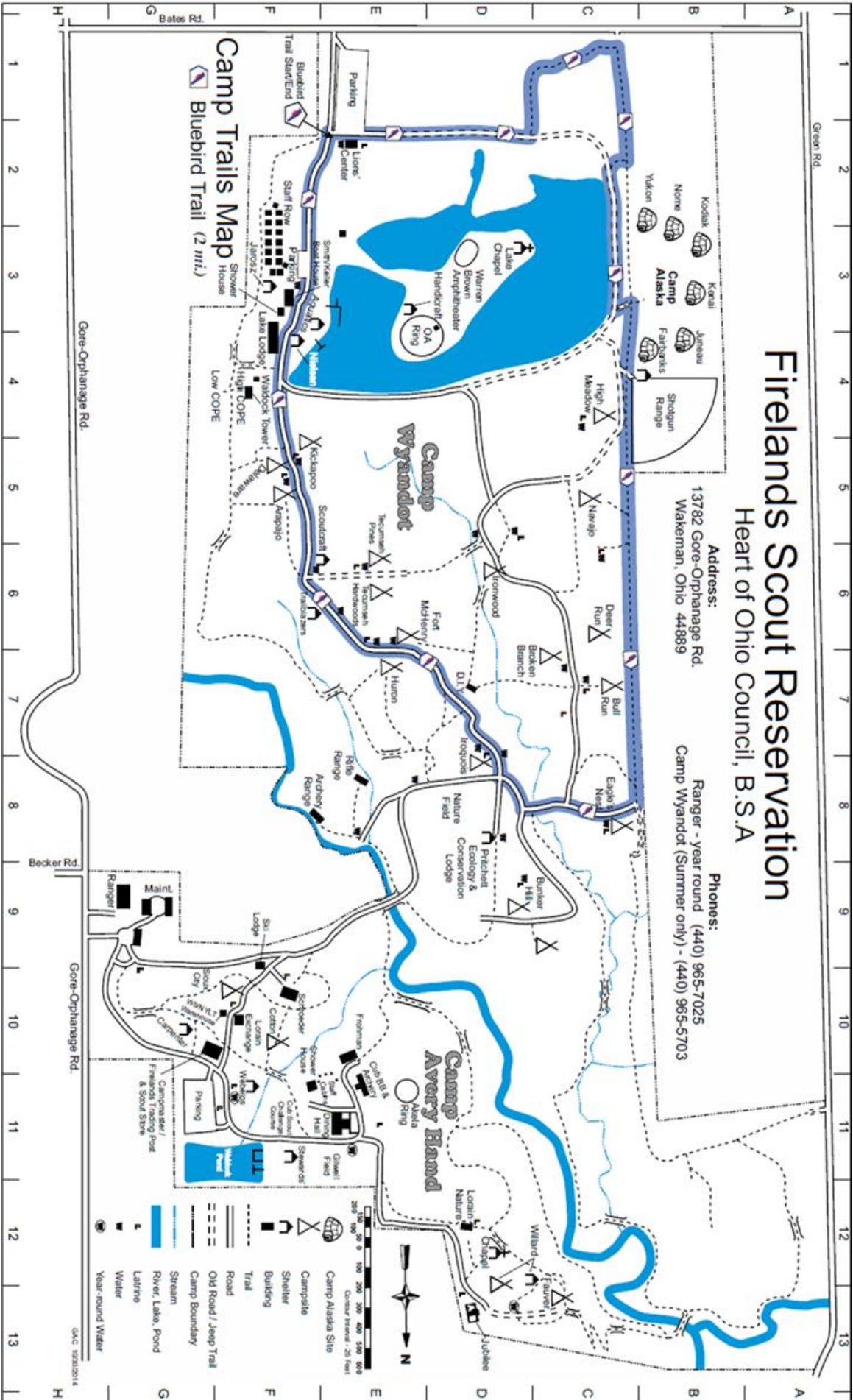
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The Cardinal Trail

Firelands Scout Reservation

Official Trail Program Requirements



Welcome to Firelands Scout Reservation! Thank you for visiting our great camp; we hope that you enjoy the trails here. This pamphlet lists the requirements for earning the Cardinal Trail award.

The Cardinal Trail is a 2½ mile long “lollipop” (loop with a 2-way in/out access) that starts near the Gore-Orphanage entrance and ventures into Camp Wyandot. The Cardinal Trail is intermediate in length and difficulty.

1. Prior to planning your hike, review the 10 “outdoor essentials” listed in your *Boy Scout Handbook*. Explain to your leader why each piece of equipment is necessary.
2. Before your hike, repeat the Outdoor Code. Explain in your own words how you can better follow each point of the Outdoor Code:
 - a. Be clean in your outdoor manners
 - b. Be careful with fire
 - c. Be considerate in the outdoors
 - d. Be conservation minded
3. Hike the complete Cardinal Trail.
4. During your hike:
 - a. Ask your leader about programs offered at Firelands Scout Reservation, including summer residence camp, off-season weekend camping, COPE, NYLT, and OA activities.
 - b. Discuss these programs with your fellow scouts. Which sound the most fun? Should you include any of them in your troop’s annual plan next year?
5. Complete a service or conservation project assigned by either the Firelands Camp Ranger or the Camp Host. Contact the Council Service Center at least 1 month prior to your trip to be assigned a project. This project can be completed any time within a 3-month range, before, during, or after your hike.

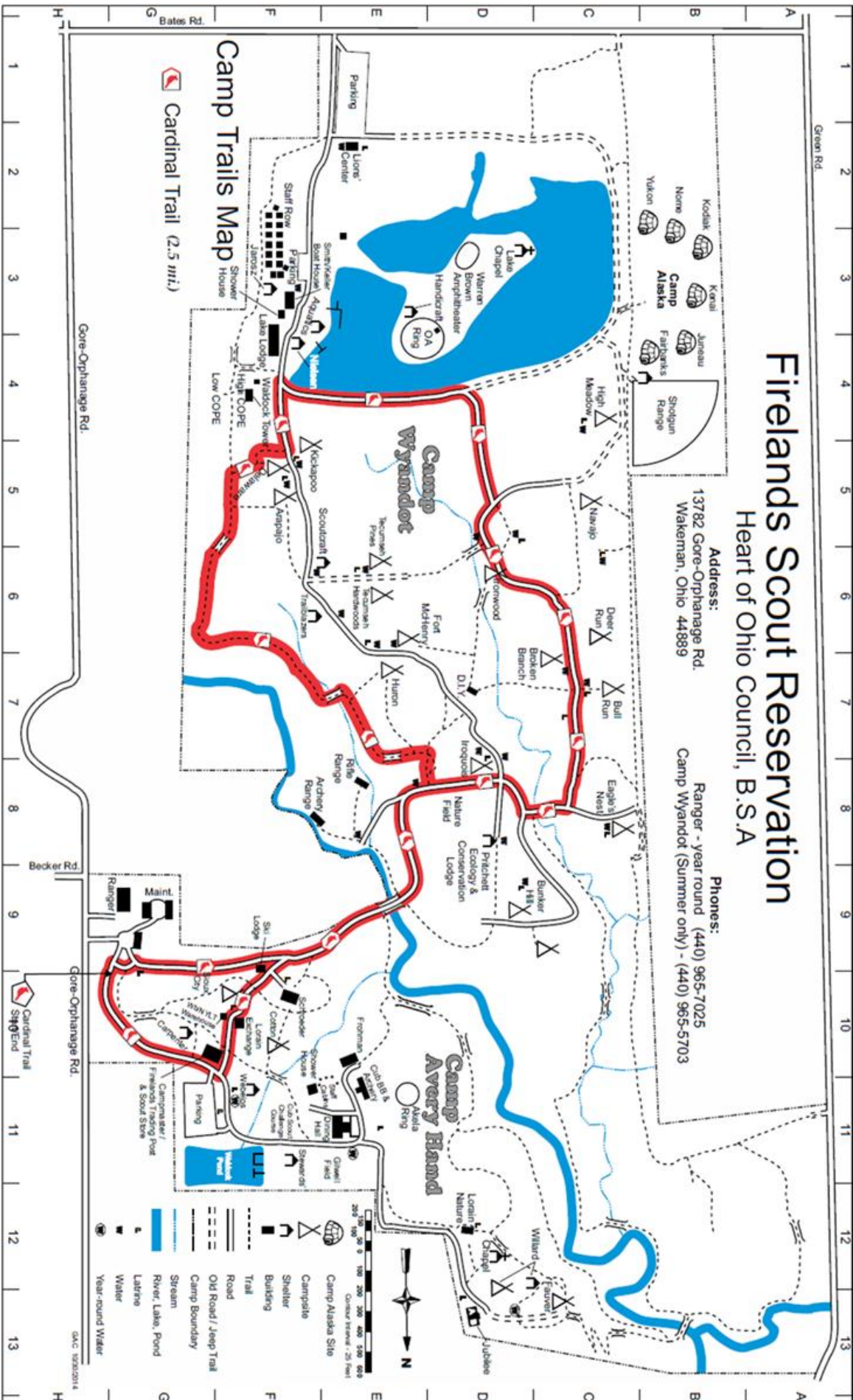
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The Raptor Trail

Firelands Scout Reservation

Official Trail Program Requirements



Welcome to Firelands Scout Reservation! Thank you for visiting our great camp; we hope that you enjoy the trails here. This pamphlet lists the requirements for earning the Raptor Trail award.

The Raptor Trail is a 2½ mile long “lollipop” (loop with 2-way in/out access) that starts near the Gore-Orphanage entrance. It is rugged, but fairly short. On this trail, Scouts can quickly get the feel of being in a remote “backcountry”, while staying within a mile of their troop’s campsite. Therefore, this trail can be used to encourage the patrol method by taking a patrol hike.

1. Prior to planning your patrol expedition on the Raptor Trail, review the hiking section of the *Patrol Leader Handbook* (pages 75-83 of the 2010 printing). Discuss as a patrol why it is important that you work as a team during this hike.
2. Before your expedition, review your hiking trip plan with your Scoutmaster, including the following:
 - a. Planned route
 - b. Expected return time
 - c. Participant list / hike roster
 - d. Hazardous weather plan
 - e. Equipment list
 - f. Planned response to hiking-related injuries
3. Hike the complete Raptor Trail, carrying your patrol flag, standard, or emblem.
4. During your hike, discuss the ways that your patrol is following the 7 principles of Leave No Trace both during their hike and on their campout:
 - a. Plan Ahead and Prepare
 - b. Travel and Camp on Durable Surfaces
 - c. Dispose of Waste Properly
 - d. Leave What You Find
 - e. Minimize Campfire Impacts
 - f. Respect Wildlife
 - g. Be Considerate of Other Visitors
5. Complete a service or conservation project assigned by either the Firelands Camp Ranger or the Camp Host. Contact the Council Service Center at least 1 month prior to your trip to be assigned a project. This project can be completed any time within a 3-month range, before, during, or after your patrol hike.

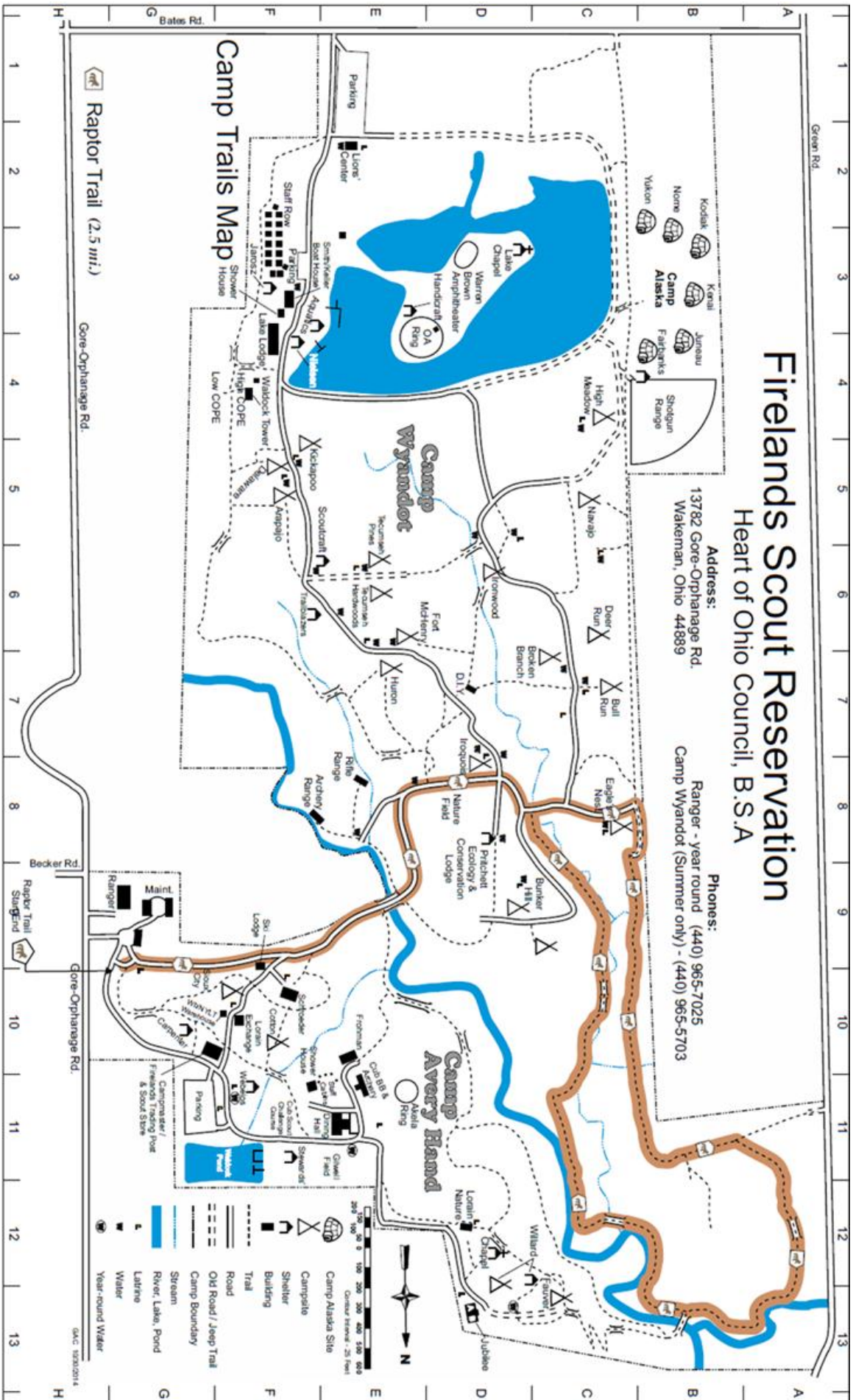
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The OA Notawacy Trail

Firelands Scout Reservation
Official Trail Program Requirements



Welcome to Firelands Scout Reservation! Thank you for visiting our great camp; we hope that you enjoy the trails here. This pamphlet lists the requirements for earning the OA Trail award.

The OA Trail is a 5 mile long figure-8 at Firelands Scout Reservation. The trail can be used to accomplish Second Class requirement 3b (2016 revision), but the award for this longest trail at Firelands is intended for experienced scouts to prepare them for backpacking and other high adventure activities, such as those at Philmont, at Northern Tier, on the Appalachian trail, or in our National Parks.

1. Prior to planning your patrol, troop, or crew expedition on the OA trail, read the *Backpacking Merit Badge* pamphlet. Discuss the information within this pamphlet with your unit leader.
2. Present yourself to your unit leader, properly dressed, equipped, and packed for a backcountry adventure during time of year of your planned expedition on the OA trail.
 - a. Know the weight of your fully loaded backpack. Discuss the appropriate pack weight relative to body size.
 - b. Discuss how you selected the personal and patrol equipment you would carry on this trek. How is this equipment different from non-backpacking campouts?
3. Go backpacking on the OA trail:
 - a. Hike the complete OA trail while backpacking, carrying food, water, and gear for an overnight stay. (Water is available at designated areas).
 - b. Stay overnight on the OA trail at a primitive backcountry campsite, designated by the Camp Host or Ranger (such as Bear Country, depending on ground conditions and seasonal rotation); reservations and site fee are required.
4. During this stay, practice Leave No Trace backcountry principles, including the following:
 - a. Use a light weight cooking stove (not ground fire) to prepare at least 2 warm meals.
 - b. Raise a bear canister or bear bag for overnight storage of aromatic materials.
 - c. Properly dig and use cat holes for human waste (do not use latrines).
 - d. Pack out all other solid waste.
5. Complete a service or conservation project assigned by either the Firelands Camp Ranger or the Camp Host. Contact the Council Service Center at least 1 month prior to your trip to be assigned a project. This project can be completed any time within a 3-month range, before, during, or after your backpacking expedition.

To recognize completion of the requirements above, a pin matching the sign for this trail is available at the Scout Shop or the Camp Host cabin (after hours, attached to the Scout Shop) for a small fee. Upon completion of the requirements above, fill-out the roster on page 2 with the help of your unit leader. A copy of this roster, signed by the unit leader and a camp representative, must be submitted when trail awards are purchased.

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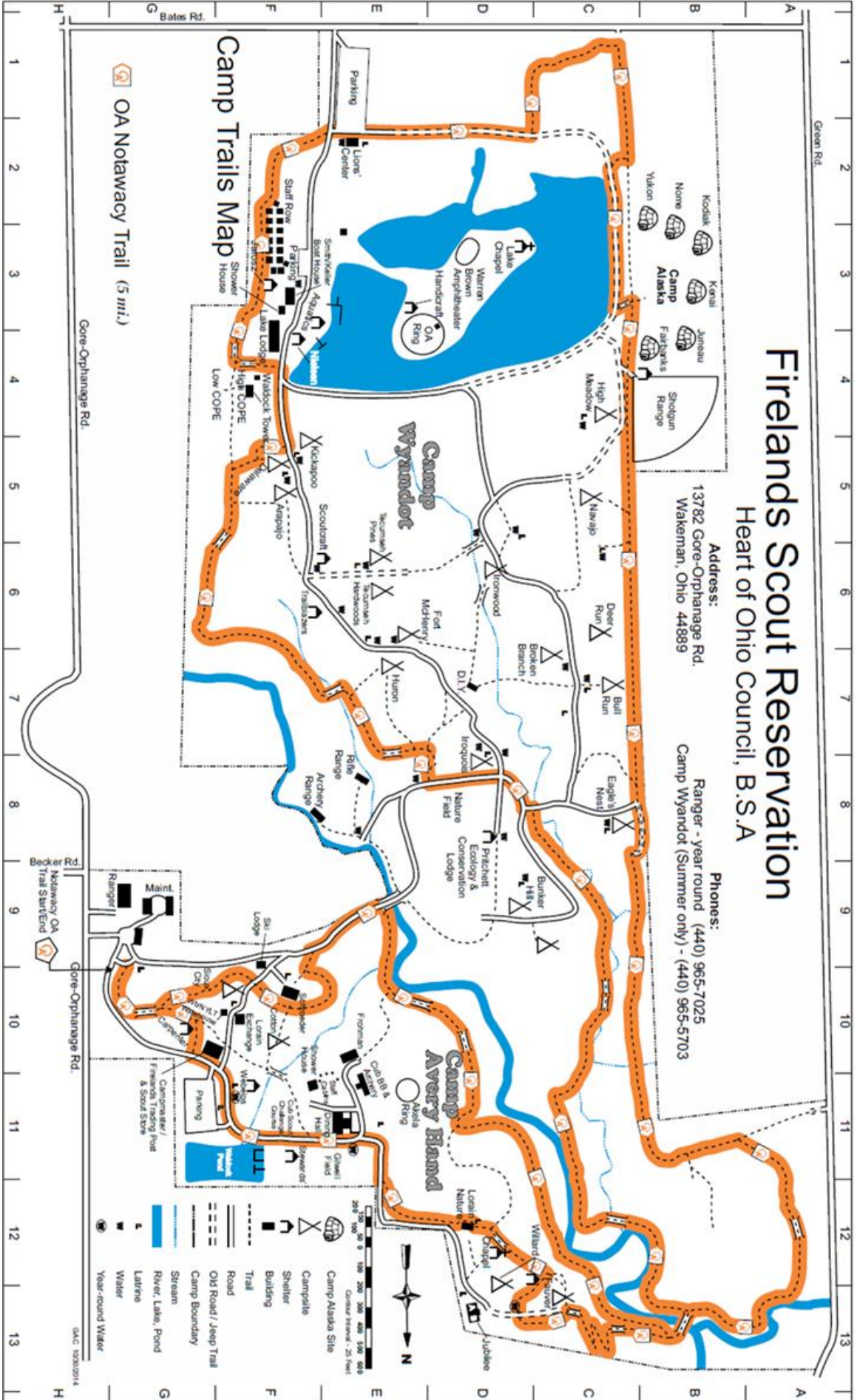
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 OA Notawacy Trail (5 mi.)

Camp Trails Map




Firelands History Trail

Firelands Scout Reservation
Official Trail Program Requirements



Welcome to Firelands Scout Reservation! Thank you for visiting our great camp; we hope that you enjoy the trails here. This pamphlet lists the requirements for earning the History Trail award.

The History Trail is a constellation of GPS coordinates that mark historic sites across Camp Avery Hand at Firelands Scout Reservation. It can also be used as a 1½-mile long orienteering course (see First Class requirement 4) and any of the coordinates can be used for Arrow of Light: Camper requirement 6.

1. Obtain a copy of the Official Firelands History Trail Guide (available on the Council website). The hike leader should print or download and review this guide before your hike.
2. Before the hike, complete or review (if you have already completed) requirements 3a and 3c of Second Class (2016 revision).
3. Do either A or B below, plus C:
 - a. Follow the compass bearings listed in the Official Firelands History Trail Guide to complete the 1½-mile orienteering course.
 - b. Visit each of the GPS coordinates listed in the Official Firelands History Trail Guide.
 - c. At each site, read about the history of your camp. Take a selfie or group picture with the  marker in the background. Show your pictures to the Camp Host or Director.
4. During this hike, think about the past and future of Scouting:
 - a. Discuss 3 ways that Scouting has changed since Firelands was founded in 1938.
 - b. Discuss 3 ways that Scouting could be different 80 years from now.
 - c. Discuss 3 things that you can personally do to help ensure that Scouting will still exist 80 years from now.
5. Complete a service or conservation project assigned by either the Firelands Camp Ranger or the Camp Host. Contact the Council Service Center at least 1 month prior to your trip to be assigned a project. This project can be completed any time within a 3-month range, before, during, or after your hike.

To recognize completion of the requirements above, a pin matching the sign for this trail is available at the Scout Shop or the Camp Host cabin (after hours, attached to the Scout Shop) for a small fee. Upon completion of the requirements, fill-out the roster on page 2 with the help of your unit leader. A copy of this roster, signed by the unit leader and a camp representative, must be submitted when trail awards are purchased.

| Historic Site | GPS | | Orienteering | | |
|-----------------------------|------------|-------------|--------------|--------------|--------------------|
| | Latitude | Longitude | Bearing, ° | Distance, ft | Total Distance, mi |
| 0 Handicraft Shelter | 41.2882900 | -82.3303900 | Start | | 0.0 |
| 1 Ski Lodge | 41.2886467 | -82.3327179 | 282 | 652 | 0.1 |
| 2 Schroeder Cabin | 41.2889817 | -82.3330846 | 321 | 158 | 0.2 |
| 3 Oberlin Cabin | 41.2898776 | -82.3343070 | 314 | 469 | 0.2 |
| 4 Frohman Cabin | 41.2900751 | -82.3340676 | 42 | 98 | 0.3 |
| 5 Dining Hall | 41.2908107 | -82.3338664 | 12 | 274 | 0.3 |
| 6 Lorain Nature | 41.2922345 | -82.3363166 | 308 | 850 | 0.5 |
| 7 Jubilee Cabin | 41.2934416 | -82.3363837 | 358 | 441 | 0.6 |
| 8 Fauver Campsite | 41.2936442 | -82.3375471 | 283 | 328 | 0.6 |
| 9 Chapel | 41.2926446 | -82.3366700 | 147 | 437 | 0.7 |
| 10 Akela Ring | 41.2902690 | -82.3352470 | 156 | 951 | 0.9 |
| 11 Shower House | 41.2904741 | -82.3335848 | 79 | 465 | 1.0 |
| 12 Green Pond | 41.2905121 | -82.3326492 | 87 | 257 | 1.0 |
| 13 Waldock Aquatics Area | 41.2913730 | -82.3330121 | 342 | 330 | 1.1 |
| 14 Gilwell Field (flagpole) | 41.2917156 | -82.3336063 | 308 | 206 | 1.1 |
| 15 Cotton | 41.2898331 | -82.3327942 | 162 | 722 | 1.3 |
| 16 Webeles | 41.2904116 | -82.3322162 | 37 | 264 | 1.3 |
| 17 Camp Host Cabin | 41.2899501 | -82.3318293 | 148 | 199 | 1.3 |

